



One Mile Walk Or Run!

Prize Money
 \$100 - Overall Male
 \$100 - Overall Female

**Free T-Shirts to first
250 registered**

Time: 8:00am
 (Registration starts at 7:00am until 7:45am @Fusion Fitness Center)

Location: 208 East Main St., Suite 118
 Newark, DE 19711

Wear a pink shirt and \$5 of your registration fee will be donated to the Cancer Support Community



Race Course: 1 mile race from Newark Library to Deer Park Tavern - where the awards ceremony & refreshments will follow



Cost: \$18 pre-registration (until 9/29/11)
 Register online at www.active.com or www.fusionfitnesscenter.com
 \$22 - after 9/29/11 thru day of event

Name(printed): _____ Age: _____

Address: _____

Email: _____ Phone: _____

Shirt Size (Adult Sizes) S M L XL Gender: Male Female

Signature: _____ Guardian (if under 18): _____

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I have against the organization holding this event, its agents, representatives, successors, and assign for any and all injuries suffered by me at said event.

Make Checks payable to: City of Newark/Main Street Mile
Send Checks and Registration to:
Fusion Fitness Center/Main Street Mile, 280 East Main St., Suite 118, Newark, DE, 19711

